



Notification for Recruitment of Gym Instructor - On Contract

Indian Institute of Technology Palakkad invites online applications for the below-mentioned post(s) on contract basis:

Name of the Post: Gym Instructor (On Contract)		
Sl. No.	Details	
1	No. of Posts	Gym Instructor - 1 No.
2	Essential Qualifications and Experience	<p>Minimum Qualification and Experience: The candidate must possess a Class XII pass certificate, have represented at the national or international level in bodybuilding or weightlifting competitions, and hold relevant certificate courses from the respective federation with at least two years of coaching experience in gym training.</p> <p>OR</p> <p>Minimum Qualification and Experience: Bachelor's Degree in Physical Education or equivalent with at least two years of coaching experience in gym training.</p> <p>Essential Skill : The candidate must have knowledge of first aid and CPR.</p>
3	Desirable Skills	Good communication knowledge of English and Malayalam language.
4	Job responsibilities	<ol style="list-style-type: none"> 1. Perform gym inductions for new members, showing them how to use equipment safely, explaining gym facilities. 2. Conduct basic fitness assessments to evaluate members fitness levels and goals, ensuring safe exercise practices. 3. Demonstrate proper use of gym equipment to prevent injuries and ensure effective workouts. 4. Assist members with correct exercise techniques, posture, and form to maximize results and minimize injury risks. 5. Plan and deliver engaging group fitness classes, such as circuit training, aerobics, or cycling, ensuring they are safe, varied, and aligned with participants' needs. 6. Monitor the gym floor to ensure members follow safety and hygiene guidelines, correcting improper equipment use or techniques. 7. Conduct risk assessments and ensure equipment is in good working order, reporting any issues noticed to management. 8. Motivate and support members to achieve their fitness goals, fostering a positive and encouraging environment. 9. Prepare the institute's weightlifting team for the Inter IIT Weightlifting Competition.

5	Per Day Minimum Working Hours	2.5 hours (Two and half hours)
6	Maximum Age	Minimum 21 years and should not have completed 45 years on the last date of the application.
7	Salary range	Rs 15,000/- to Rs 19,500/-
8	Contract Period	10 months
9	Work Location	IIT Palakkad
10	Selection Process	Certificate verification, Trade Test / Interview (The expected date of the selection process will be communicated to you over mail)

General Instructions to the Candidates

- The above positions are purely on contract basis.
- The completion of the period of the contract will not confer any right for further extension, regularization, or permanency at the Institute.
- Candidates must be citizens of India.
- Housing, HRA and Travelling allowances will not be provided by the institute.

How to apply:

Candidates satisfying the required qualification and experience may submit their application [here](#).

The candidate is expected to join immediately after receiving the offer letter. The last date for submitting applications is **16:00 hrs on 16th September 2025**.